



Comprehensive Respiratory Care Referral Form (Part I)



Name: _____
HCN: _____
Date of Birth: _____

Referral Information for Comprehensive Respiratory Care:

Patient Name: _____ Telephone: _____

Address: _____

Comprehensive Respiratory Care (CRC) is an innovative strategy dedicated to improving health outcomes for patients living with respiratory disease in the community. CRC is operated by a Registered Respiratory Therapist (RRT) who will review patients to determine what services will best suit their needs.

Comprehensive Respiratory Care encompasses two main services:

- **INSPIRED COPD Outreach Program™** - A validated national program, focused on patients with Chronic Obstructive Pulmonary Disease (COPD) at risk for recurrent exacerbations.
- **Comprehensive Respiratory Education Clinic** - This clinic is focused on improving education and inhaler technique for patients with chronic airway disease (COPD and Asthma). The clinic is located at United Shores Health Centre in Holyrood, NL.

For more details on services offered, please refer to the attached page.

NOTE: CRC requires that a patient has active follow up with a primary healthcare provider and/or medical specialist

Referral Criteria (Check all that apply):

- Confirmed diagnosis of moderate to severe COPD with documented PFTs (FEV1 less than 80% predicted, FEV1/FVC less than 0.70)
- Persistent respiratory symptoms despite appropriate inhaler use
- Recent severe COPD or Asthma exacerbation (ER visit or admission)
- Request for inhaler review and education
- Interested in self-management

Patients living with complex multimorbid conditions which require management may continue to be referred to the Remote Patient Monitoring program (Form # ch-1448)

Referrals can be scanned and emailed to breathe@easternhealth.ca or faxed to: 709 -752-4833

Relevant Respiratory Medications:

Relevant Clinical Information:

Referral Source: _____ Date: DD/MONTH/YYYY

Telephone: _____ Fax: _____ Email: _____

please send updates to referring provider

Comprehensive Respiratory Care Referral Form (Part II)



Name:

HCN:

Date of Birth:

The **INSPIRED** COPD Outreach Program™

Implementing a **Novel** and **Supportive Outreach Program** of Individualized care for patients and families living with **RE**spiratory **Disease**

The **INSPIRED** Program provides services throughout the Eastern Health region, dedicated to patients with COPD at a high risk of exacerbation. It is a nationally recognized program that has been validated and established in multiple locations across Canada. The program spans approximately one year and is comprised of the following:

Four in-person or virtual visits: Members of the team visit patients/support persons either in their home setting or via virtual platform to:

- Conduct assessments
- Provide and explain the COPD Action Plan
- Provide self-management education
- Connect with other allied health supports
- Opportunity to discuss advanced care planning and completion of a personal directive if desired

Telephone follow up: A member of the team will be available to the patient/support persons for the first year following the program to monitor self-management and the need for additional follow up.

Comprehensive Respiratory Education Clinic United Shores Health Centre, Holyrood

Respiratory care offered in a collaborative team based approach, the services at United Shores Health Centre will give patients an opportunity to meet with an RRT who can offer support and education for successful living with respiratory disease. Services include:

- **Education:** The RRT can assist patients with inhaler technique and educate them about their respiratory disease.
- **Self-management:** Patients are given the tools to manage their disease and better navigate the health system.
- **Respiratory assessments:** The RRT performs comprehensive assessments of patients, including spirometry.

Contact our CRC team:

breathe@easternhealth.ca

Office: 709-752-4041

Cell: 709-685-4938

FAX: 709-752-4833